## Having Our Say The newsletter of Say So, Strong Able Youth Speaking Out

Volume 10 Number 1

#### Become a Member!

If you are interested in joining **SaySo**, let us know! E-mail or write us with the following information: your name, birth date, and address (including e-mail), region and the kind of out-of-home placement you are or have been in.

#### **Contact Information**

SaySo, Inc. c/o ILR, Inc.

411 Andrews Rd., Ste. 140 Durham NC 27705 Phone: 800/820-0001 Fax: 919/384-0338

Web Site: <a href="www.saysoinc.org">www.saysoinc.org</a>
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#### **Board of Directors:**

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### SaySo Page Program



March 22<sup>nd</sup> - 27<sup>th</sup> Raleigh, NC

- 1. Are you interested in meeting people who create policy/laws?
- 2. Are you willing to spend a week in Raleigh, NC with a host family?
- 3. Are you open to an experience that will change your life?
- 4. Are you doing well in High School?

Then Apply for the SaySo Page Program. Applications due Feb. 28<sup>th</sup>
To receive an application contact - SaySo 1-800-820-0001
sayso@ilrinc.com

SaySo Saturday March 7<sup>th</sup>, 2009 Alamance Community College Graham, NC



We are also holding our Board of Director Elections

This is THE event for YOU if you are interested in becoming MORE involved with SaySo

Registration forms are available at <a href="https://www.saysoinc.org">www.saysoinc.org</a> and were sent with this Newsletter

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TOP TEN – Board Games We Secretly HATE!



- 10. Candy Land
- 9. Stratego
- 8. Chutes and Ladders
- 7. Operation
- 6. Battleship
- 5. Checkers
- 4. Life
- 3. Sorry
- 2. Clue
- 1. Monopoly

SaySo would like to give a warm SHOUT OUT to those who participated in Make a Difference Day 2008

Pitt County LINKS Crossnore School

We really appreciate your efforts towards giving back to the community!

THANKS
YOU ROCK!

### SaySo Road Show

SaySo is hitting the road and coming to a town near YOU!

Local County Department Social Services
Universities and Colleges
Conferences – State and National
For Professionals, Foster Parents and Foster Youtl



<u>Workshops</u> – "The System," Communication Skills, Independent Living Skills, Working with Teens, and MANY MORE!

Please contact SaySo Program Coordinator Rhiannon Galen if you would like more information

sayso@ilrinc.com 1-800-820-0001

College Scholarship Corner: Also Available on the SaySo Website!!!

<u>FAFSA Day February 21, 2009</u> - To find out how you can receive FREE help completing the FAFSA form check out <u>www.saysoinc.org</u>. This service is available ALL OVER North Carolina on the 21st!

www.princetonreview.com – great website to search for info on ALL colleges and scholarships

www.ncreach.org - learn about a FREE college education in North Carolina

SaySo Survivor IV
May 15-17, 2009 Camp Chestnut Ridge





Applications are NOW available - <a href="https://www.saysoinc.org">www.saysoinc.org</a>
Contact SaySo with any questions - 1-800-820-0001

Make sure to send your Application form ASAP to secure your spot!

Good Times COME JOIN THE FUN!

S'mores Canoeing

Hiking Hayrides

Horseback Riding Yummy food